

menu

THETABLE
RESTAURANT & BAR

beginnings

- R55 Risotto Balls with Pomodoro Pesto *
- R50 Sticky Aubergine with a touch of spice **
- R52 Chargrilled Artichokes & Sundried Tomatoes **
- R52 Chilli Poppers *
- R55 Deep Fried Squid & Sweet Chilli Sauce
- R130 Snack Platter with Squid, Haloumi, Pickled Onions, Onion Marmalade & Sweet Potato Chips

pizza bread

- R38 Rosemary **
- R45 Caramelised Onion **
- R45 Rosemary, Feta & Garlic *

** Vegetarian, ** Vegan*

salads

- R56 Garden Greens **
- R60 Spicy Thai **
- R58 Carrot & Beetroot **
- R58 Courgette, Pineapple & Red Pepper Salad **
- R60 Baby Chard & Parmesan *
- R60 Tomato, Buffalo Style Mozzarella & Basil *
- R65 Blue Cheese & Fig *
- R70 Chicken, Feta & Avo
- R115 Seafood Salad in Pizza Basket

* Vegetarian, ** Vegan

pasta

- R84 Spinach & Ricotta Ravioli *
- R84 Roasted Pumpkin & Pecan Nut Ravioli *
- R89 Artichoke & Caper Roll-Ups *, ***
- R98 Prawn & Squid ***
- R90 Meat Ball Tag ***

** Vegetarian, ** Vegan, *** Gluten free option available, please add R25*

pizzas

- R82 Sundried Tomatoes, Spinach & Feta *
- R92 Tomatoes, Buffalo Style Mozzarella & Basil *
- R92 Roasted Beetroot, Butternut, Pumpkin Seeds & Macadamia Nuts *
- R92 Basil Pesto, Sundried Tomatoes & Goats Cheese *
- R98 Aubergines, Red Peppers, Capers, Basil, Chilli & Garlic *
- R86 Sautéed Mushrooms, Pesto & Parsley (Vegan) **
- R98 Anchovies, Tomatoes, Capers & Olives
- R98 Free Range Chicken, Peppadews, Feta & Avo
- R92 Bacon, Creamed Leeks & Feta
- R114 Brie, Paw Paw, Prosciutto & Rocket
- R144 Prosciutto, Fig & Rocket
- R89 Red Peppers, Country Ham & Avo
- R99 Chourico, Jalapenos, Red Peppers & Goats Cheese
- R110 Prawns, Chourico, Rocket & Avo
- R101 Spicy Prawn
- R120 Tuna, sashimi style, pickled ginger & wasabi
- R112 Sautéed Seafood

Banting Base option available for an additional R54

*Gluten free options available on all pizzas for an additional R30. * Vegetarian, ** Vegan*

others

R89 Lentil Moussaka *

R80 Thai Green Vegetable Curry **

R99 Grilled Calamari Tubes & Chips

R120 Seared Tuna, Sushi Style with spiralised courgette salad

R115 Seafood Broth

R155 Grilled Tiger Prawns in Pizza Basket

R101 Prego Roll with Beef Fillet

R130 Dukha Crusted Ostrich Fillet with Choc & Chilli Sauce
Served with either Chips, Sweet Potato Chips or Side Salad

R115 Rump, Chips & Mushroom Sauce

R155 Beef Fillet, Green Beans, Baby Potatoes & Balsamic Vinegar Reduction

R165 Lamb Shank

** Vegetarian, ** Vegan*

endings

- R29 Marco's Chocolate Ice Cream
- R39 Cappuccino Crème Brulee
- R41 Sorbet Sundae
- R42 Chocolate Banana Spring Rolls
- R49 Marshmello & Chocolate Pizzetta
- R51 Belgian Chocolate Dipped Fruit
- R42 Choc Pot with Coconut Cream (Vegan) **

kids

- R39 Margherita Pizza
- R42 Pineapple & Red Pepper Pizza
- R48 Ham & Mushroom Pizza
- R48 Chicken & Mushroom Pizza
- R41 Creamy Cherry Tomato & Mushroom Tag
- R44 Tag Bolognese
- R31 Ice Cream & Choc Sauce
- R49 Italian Kisses
- R30 Fruit Ice Lollies

We created these specialties especially for you. To really enjoy the essence of The Table please stick to the menu. We love your kids but are not responsible for them.
No 9 Main Street, Plettenberg Bay, 044 533 3024